



April 11, 2011

FOR IMMEDIATE RELEASE

Contact: Paul Malley (850) 681-2010 ext. 107
or www.agingwithdignity.org

New *Five Wishes* Online Advance Directive Debuts in Time for National Healthcare Decisions Day, April 16

*– Nation’s most popular advance directive can now be completed securely online,
saved in PDF and printed out –*

Tallahassee, Fla – America’s most widely used advance directive, *Five Wishes*, is now available in an online format, allowing users to make important health care decisions before a health crisis, just like the booklet version of *Five Wishes*. The *Five Wishes* Online debut comes just in time for National Healthcare Decisions Day on April 16, according to Paul Malley, President of Aging with Dignity, the national non-profit organization that created and distributes *Five Wishes*.

Using *Five Wishes* Online is similar to using popular tax preparation software that guides you step by step through a process. FWO users can check boxes, cross out statements they don’t agree with and add as much clarifying text as they want. The FWO video prompts explain terms and options, and frequently-asked questions are answered in the same kind of user-friendly language that has made *Five Wishes* so popular. When completed, the *Five Wishes* document can be printed out and also saved in a PDF file for electronic transmission. *Five Wishes* Online users also have the option of printing out a blank *Five Wishes* document in any of 26 languages to complete by hand.

“We have so many people who want *Five Wishes* right away,” Malley said, “but until now they’ve had to wait for delivery by mail. Now you can get *Five Wishes* with a simple mouse click.”

Five Wishes meets the legal requirements for advance directive of 42 states, but is used in all 50 and around the world to help you plan ahead of a serious health crisis. In *Five Wishes* you designate the person you want to make health care decisions for you in case you can’t make them yourself, and you indicate your life support preferences under various scenarios. Wishes 3-5 are what make *Five Wishes* different from all other advance directives in that they deal with the personal, spiritual and family concerns that people say matter most. There are currently 15 million copies of *Five Wishes* in national circulation, distributed by some 23,000 partner organizations nationwide.

To access *Five Wishes* Online, go to www.agingwithdignity.org. Like the booklet version, individual uses are \$5, with quantity discounts available.

#####